



# desert fit quest

where your new fitness lifestyle begins!

Come to Desert Fit Quest, the “Women Only” weekend fitness getaway located in paradise – better known as the Renaissance Esmeralda Resort and Spa!

This three-day “fun fitness weekend” is an all-inclusive active vacation that emphasizes wellness, helping you begin a new fitness lifestyle through education, encouragement and support. You’ll learn to relax more completely, eat more intelligently, exercise more efficiently – and get the most out of life.

Whatever your fitness level, you’ll be rejuvenated and inspired on the path to a healthier mind and body, plus take home the tools to keep up the good work. So, get ready to recharge, refresh and relax... Round up your gal-pals for a fabulous bonding adventure, and let your new fitness lifestyle begin!

Single Rate  
**\$485**

Ask for code: ZZWP  
Internet code: ZJO

Double Rate  
**\$385**

Ask for code: ZZWO  
Internet code: ZJO

## WEEKEND GETAWAY AUGUST 8-10TH PACKAGE INCLUDES:

- 2 nights accommodations
- Spa treatment
- Variety of exercise classes, health seminar & goal setting seminar
- Special gift bag
- Welcome reception Friday night, breakfast & lunch Saturday and Sunday & more!

For full details and more information,  
Visit [RenaissanceEsmeralda.com](http://RenaissanceEsmeralda.com) or call 760.836.1251

